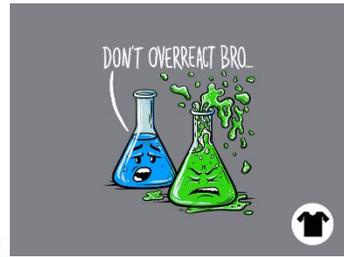




Our Fellowship Code



Deep
Breath
Practise
T.H.I.N.K.



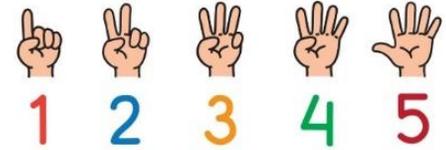
I say **STOP!**
Say **S.T.O.P.**



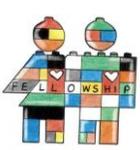
Try to talk with **kindness.**



Choose an **"upstander"**
to support you



If I have a worry I can go to...
MY 5 trusted adults



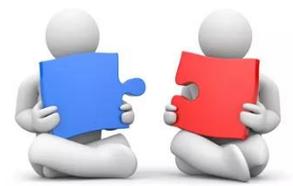
Lunchtime Club



**STAND UP
SPEAK OUT**



RJ RESTORATIVE JUSTICE



FELLOWSHIP PLAN



Slow down and scale your feelings. Control your reaction. **Keep green.**

